

PORTUGUESE STYL
CHILL HOUSE



O GALO

Churrascaria O Galo

144 Tullow St, Carlow



IF YOU'RE ALLERGIC OR INTOLERANT TO ANY FOOD, DO NOT HESITATE TO ASK OUR STAFF, WE WILL INFORM YOU OF ALL THE ALLERGENIC PRODUCTS OF THE DISHES SERVED.

YOU WILL ALSO FIND SMALL ICONS ON EACH MENU ITEM THAT INDICATES THE ALLERGENS OF EACH DISH.



GLUTEN



CRUSTACEANS



EGGS



FISH



PEANUTS



SOY



DAIRY



NUTS



CELERY



MUSTARD



SESAME SEEDS



LUPIN



MOLLUSCS

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GETTING STARTED



Soup of the day €6.50

Served with traditional sourdough bread. (Ask your server).

Spicy Olive Mix €6.50

With garlic, roasted pepper, red onion and mushrooms.

Spicy Mixed Nuts €6.50

Almonds, cashews, peanuts and macadamian nuts seasoned with peri-peri salt.

Garlic Mushrooms €8.50

Coated with breadcrumbs & served with garlic mayo.

Galo's Tender Bites €9.50

Fresh chicken tenders served with garlic mayo.

Spicy Hot Wings €9.50

Coated with our homemade hot & spicy sweet chilli sauce & served with spicy mayo.

Codfish Fritter (Pastel de Bacalhau) €11.50

Traditional salted dry codfish with potato, egg, mixed, deep-fried & served with garlic mayo.

Chef's Special Coxinhas de Galinha (chicken) €14.50

Shredded chicken breast wrapped with potatoes and wheat flour. Deep fried & served with spicy mayonnaise.

Mini Portuguese Tapas Bite €15.50

Presunto, salami, chorizo, various cheese, nuts, olives and garlic bread.

Chef's Special Garlic Buttered Prawns €18.50

King prawns in garlic butter, lemon sauce, chilli & herbs served with garlic bread.

Portuguese Tapas Bite Full (for two) €25.50

Presunto, salami, chorizo, various cheese, nuts, olives and garlic bread.



NACHOS



Nachos de Galinha (Chicken) €13.50

Grilled chicken served with cheese sauce, guacamole, salsa & jalapeños.

Nachos de Carne Louca (Beef) €13.50

Grilled beef slices served with cheese sauce, guacamole, salsa & jalapeños.

Nachos de Queijo (Cheese) €13.50

Grilled halloumi cheese served with cheese sauce, guacamole, salsa & jalapeños.

Chicken Tender Nachos €13.50

Tortilla chips topped with homemade chicken tenders, cheese sauce, jalapeños, salsa & guacamole.

SANDWICHES

All sandwiches are served with salad or fresh cut fries. (Gluten-free sourdough bread available).

Sandwich de Carne Louca (Beef) €13.50

Toasted sourdough bread with butter, thin cut portuguese steak grilled & sliced topped with cheese sauce and baby leaves.

Sandwich de Galinha (Chicken) €13.50

Toasted sourdough bread with butter, grilled chicken breast, tomato, red onion, topped with cheese sauce and baby leaves.

Sandwich de Queijo (Cheese) €13.50

Toasted sourdough bread, grilled halloumi cheese, basil pesto, tomato, red onion and baby leaves.

SIDES

4€/each

Fresh Cut Fries

Plain Rice

Creamy Mash 

Mixed Veggies

Spicy Rice

Roast Potatoes

Grilled Corn

Garlic Bread

Garden Salad

Fresh Cut Fries
with oregano & parmesan 

Fresh Cut Fries
with peri-peri salt

Cold Egg Potato
Salad 



Chef's Signature

OUR CHEF'S SPECIAL DISHES

All our dishes are grilled on our barbecue using portuguese techniques and marinades.





Chef's SPECIALITY CHICKEN



All our chicken dishes are served with two side dishes. Ask your server for spicy options.

Full Butterfly Breast €21.50

Double butterfly chicken breast, charcoal grilled & seasoned with peri-peri.

Boneless Chicken Thighs €21.50

Four boneless chicken thighs, charcoal grilled & seasoned with peri-peri.

Half Chicken €21.50

Half chicken with bone, charcoal grilled & seasoned with peri-peri.

(One breast & one leg)

Chicken Skewer €21.50

Charcoal grilled chicken with bell pepper, onions & seasoned with peri-peri.

Whole Chicken €32.50

A full chicken, charcoal grilled & seasoned with peri-peri.

(3 regular sides for sharing)



SPECIALS

Prawn Curry €22.50

Traditional Goan style king prawn curry with a touch of coconut milk served with plain rice & fresh cut fries.

Galo's Garden Delight Skewer €21.50

Vegan mince mixed with charcoal grilled peppers and onion, seasoned & grilled. Served with fresh cut fries and spicy rice.

Mix Grill Platter for Two €59.50

Half chicken, sausages, beef ribs, chicken skewers and beef skewer, chicken wings, served with homemade peri-peri sauce & hot and spicy chilli sauce. (4 regular sides for sharing)

BURGERS



All burgers are served with lettuce, tomato, pickles, red onion on a brioche bun and fresh cut fries.

The Classic €14.50

6oz beef patty, charcoal grilled with cheese & burger sauce.

Butterfly Chicken €14.50

Charcoal grilled chicken breast, cheese & burger sauce.

Galo's Special Beef €17.50

6oz beef patty, charcoal grilled served with egg, jalapeño and cheese & burger sauce.

Galo's Special Chicken Thigh €17.50

Charcoal grilled chicken thigh with cheese & burger sauce, egg & jalapeño.

Galo's Vegetarian €17.50

6oz vegan patty with vegan cheese & vegan mayo. Served on a vegan brioche bun.

Frangolino Burger €17.50

Crispy chicken slaw burger served on brioche bun, burger sauce, lettuce, onion, tomato, pickles and fresh cut fries.

Galo's Beef SPECIALS

All beef dishes are served with two side dishes.

Picanha Steak €29.99

Soft Brazilian steak cut, charcoal grilled & served with chimichurri & drizzle of lemon herbs butter.

Beef Ribs €24.99

Charcoal grilled beef ribs served with homemade hot & spicy sweet chilli sauce.

Beef Skewer €24.99

Charcoal grilled beef, wrapped with beef fat.

To Share SALADS & SIDES



Salada de Galinha (Chicken)



€11.50

Grilled chicken breast with seasonal salad, bell pepper, red onion & cherry tomato.

Salada de Carne Louca (Beef)



€12.50

Grilled and sliced portuguese beef steak with seasonal salad, bell pepper, red onion & cherry tomato.

Portuguese Tomato Salad



€9.50

Fresh buffalo mozzarella with vine tomatoes, basil, and a drizzle of extra virgin olive oil.

Loaded Chicken



€11.50

Fresh cut chips with grilled & sliced chicken, cheese sauce & jalapeños.

Loaded Crazy Beef



€12.50

Fresh cut chips with grilled & sliced beef, cheese sauce & jalapeños.

Loaded Curry Cheese



€7.50

Fresh cut chips with curry sauce & cheddar sauce.

Loaded Garlic Cheese



€7.50

Fresh cut chips with garlic mayo & cheddar cheese.

Choose your
DIPS

2€/each

Garlic Mayo

Sweet Curry

Peri Peri Medium

Spicy Mayo

Hot & Spicy Sweet Chilli

Peri Peri Extra

Creamy Green Chilli

DESSERTS



Arroz Doce (Rice Pudding)  €6.50

Traditional portuguese rice pudding.

Pastel de Nata (Milk Tart)  €6.50

Traditional portuguese milk tart.

Cheesecake of the Week  €6.50

Ask your server for this week specials.

Cookies & Ice Cream  €6.50

Chocolate chips cookies with vanilla ice cream & chocolate topping

Sundaes  €6.50

Strawberry, Chocolate & Cookies, Kinder Bueno, KitKat or Oreo

Churros  €7.50

Served with choice of strawberry / double chocolate or Nutella dip.

Açaí Bowl   €9.00

Brazilian ice cream, served with fresh fruit, granola & sprinkle of magic dust.

KIDS ZONE

All kid's meals are served with fries & juice

Chicken Burger  

Chicken breast grilled with a slice of cheese.

Beef Burger 

4oz beef patty with a slice of cheese.

Chicken Wings 

Coated wings with mild spicy sauce

Chicken Tenders 

Fresh fried chicken tenders

9'50€





Drinks Menu

COCKTAILS
COFFEE
SOFT DRINKS
BEER
MILKSHAKES
WINES

Our special COCKTAILS



Mimosa

€7.50

Orange juice & 10.5% prosecco & granadine.

Bellini (Strawberry or Peach)

€7.50

Peach purée & 10.5% prosecco.

Non-alcoholic Daiquiri (Strawberry or Peach)

€7.50

Strawberries/Peach purée, lime juice, sweetener & non-alcoholic rum.

West Coast Cooler (Rosé or Original)

€7.50

Sangria 1L (Red or White wine)

€24.50

COFFEE

Espresso

€2.80 Latte/Mocha €4.20

Flat White

€3.80 Pot of Black Tea €3.80

Capuccino

€4.20

SOFT DRINKS

Coke

€3.75 Sparkling Water €3.50

Diet Coke

€3.75 Still Water €3.50

Coke Zero

€3.75 Orange Juice €3.50

Sprite

€3.75 Apple Juice €3.50

Fanta

(Orange or Lemon)

€3.75 Pineapple Juice €3.50

BEER

Super Bock 330ml	€5.50	Heineken 0% 330ml	€4.90
Heineken 330ml	€4.90	Corona 330ml	€5.90
Coors 330ml	€4.90	Bulmers Pint	€6.50

MILKSHAKES

Strawberry	€6.50	Chocolate	€6.50
Vanilla	€6.50	Salted Caramel	€6.50

House WINES



MOSAICO DE PORTUGAL TINTO

Lisboa, Portugal

Intense with tropical fruitiness and floral, this white wine surprises you with its slight effervescence and elegance. Fresh, well-balanced, and low in alcohol.

Bottle
37.50€



MOSAICO DE PORTUGAL VERDE

Lisboa, Portugal

Made from the region's traditional varieties, this is a wine with a young profile, very refreshing and fruity, with a balanced acidity

Bottle
37.50€



RIONDO PROSECCO

Veneto, Italy

Fresh aromas of Golden Delicious apple, pear, and acacia blossom. Its persistent effervescence is followed by a crisp, clean finish.

Bottle

27.50€

Glass

6.90€



PLUMA ALVARINHO WHITE

Vinho Verde, Minho, Portugal

Citrine color. Fresh and fruity aroma, with notes of passion fruit and white flowers. In the mouth, it is elegant and harmonious.

Bottle

37.90€



ART INDÓMITA CABERNET SAUVIGNON

Valle Central, Chile

Art Indómita Cabernet Sauvignon burst with aromas of berries and ripe red stewed fruit that has robust varietal characteristics with a complex body.

Bottle

24.50€

Glass

6.90€



PARLARE ITALIANO PINOT GRIGIO

Venice, Italy

Our bottle of Parlare Pinot Grigio Italian has Ripe Granny Smith Apple and brioche flavours. An elegantly dry and delicate wine.

Bottle

24.50€

Glass

6.90€



DON APARO MALBEC

Mendoza, Argentina

Colourful and lightly perfumed with big, juicy blackberry flavours, and overtones of plum and black cherry.

Bottle

24.50€

Glass

6.90€



ART INDÓMITA SAUVIGNON BLANC

Valle Central, Chile

This lively wine is bursting with vibrant zesty citrus fruit and a hint of exotic guava. Hugely refreshing with a long full flavoured finish.

Bottle

24.50€

Glass

6.90€



ART INDÓMITA MERLOT

Valle Central, Chile

Intense red with violet hues. A ripe complex aroma with a strong presence of fruits such as blackberries, blueberries, and sweet plums.

Bottle

24.50€

Glass

6.90€



ART INDÓMITA CHARDONNAY

Valle Central, Chile

Complex and balanced with a lingering taste that is crowned by a rounded and creamy structure. Light, crisp and clean, with a pleasant finish.

Bottle

24.50€

Glass

6.90€



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